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Be The Nursing Professional You Always Wanted To Be

As a Nurse Anesthetist on the Army Reserve Health Care Team

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"You feel like a different person when you put on the uniform. You're a lot prouder and probably a lot better in what you do."

Build the Career You Always Wanted

Joining today's Army Reserve as a nurse anesthetist could be the best career decision you'll ever make.

You will enter the Army as a commissioned officer. As a certified Registered Nurse Anesthetist you will receive constructive credit toward advanced rank. The actual amount depends on your level of nursing education and experience.

Working closely with other highly motivated and committed health care professionals, you'll develop new areas of expertise while using your current talents and abilities to their fullest. You'll also teach as well as learn.

As a member of the Army Reserve, you will earn a second income and start a second career, working part-time, while earning full-time benefits.

In the Army Reserve, you can pursue your own individual nursing career goals. You will be able to choose seminars and education programs that match your interests.

One of your major responsibilities will be to help your unit train for mobilization. Your expertise will be called upon to evaluate equipment and field operations, and to offer recommendations for improvements.

In the Army Reserve, nurse anesthetists are encouraged to make decisions and take responsibility. You'll develop strong management skills.

From the very beginning, by virtue of your officer status, you'll be viewed as a leader.

Receive the Respect and Rewards You Deserve as a Professional

When you join the Army Reserve as a nurse anesthetist, you'll be a commissioned officer, working immediately as both an officer *and* a professional nurse. And you'll have every opportunity to move

up and be rewarded at a steady pace.

And those promotions, unlike many in civilian life, won't get you stuck in an administrative desk job.

You'll be a very critical member of the Army Reserve Health Care Team. You'll be working with other highly motivated health care professionals who, like you, are committed to delivering quality care.

Army Reserve Training for Nurse Anesthetists

Your training in the Army Reserve will be far different from anything you'll ever experience in your civilian nursing career.

The training program is designed to help you reach your fullest potential—personally as well as professionally. And these new experiences will strongly enhance the contributions you can make in your current job.

Because of its strong need for nurse anesthetists, the Army Reserve has organized a national detachment to allow for flexible training schedules, minimizing interference with your civilian job schedule.

Or you might be assigned to a local Army Reserve medical unit. For 16 hours each month you will train with your unit or at a local medical facility. You'll work with highly skilled health care professionals and be exposed to a wide variety of challenging clinical situations.

Very early in your training you will learn about Army Reserve hospital organization and the important role played by the Reserve nurse.

For two weeks each year you'll participate in Annual Training. You may train with your unit in field exercises, work in an Army hospital or spend part of the time attending professional seminars.

You'll have opportunities to become proficient in trauma care. Working in field conditions, in camouflage field uniforms (BDUs), you'll learn to treat mass casualties.

This hands-on training will be enhanced by nursing seminars and conferences. And you will be able to choose courses and lectures to match your interests and goals.

In addition, you'll be eligible for such programs as the Officer Advanced Course, Principles of Advanced Nursing Administration, Combat Casualty Care course and Command and General Staff College. Those who qualify can also participate in the Montgomery GI Bill or Health Professionals Loan Repayment program.

"I've gotten a lot out of the Army. Besides basic skills, there are many things I've gotten to do that I never would have done in a civilian job."

A Part-Time Career Offering Full-Time Benefits

One of the best rewards for serving in the Army Reserve is the benefits. Though you serve part-time, most of your benefits are available year-round, now, and when you retire.

Your salary as a nurse anesthetist in the Army Reserve is a good second income that increases with raises and promotions. You will receive a uniform allowance. You're also eligible to shop at the Post Exchange (PX) and the commissary on a limited basis.

One of the most exciting benefits you'll receive is a chance to travel anywhere in the U.S. and Puerto Rico, on a space-available basis on military flights.

And, for about half the cost of most civilian life insurance plans, you can get up to $50,000 coverage with low monthly payments.

Even at retirement, your part-time commitment and service will generate full-time benefits. When you retire (at any age from 60 to 67), with 20 years of qualifying service, you'll receive a regular monthly retirement check. And you will get non-contributory medical and dental care.

Your retirement pay will be extended even further with unlimited shopping privileges at the Post Exchange and commissary and air travel, on a space-available basis, for you and your family.

It's the only part-time job that gives you a pension.

It's an impressive benefits package for an extraordinary experience.

"I came into the Army Nurse Reserve anesthetist program for the responsibility and security. But I found friendships, camaraderie, spiritual and emotional benefits I never anticipated."

Requirements for the Best Opportunity of Your Career.

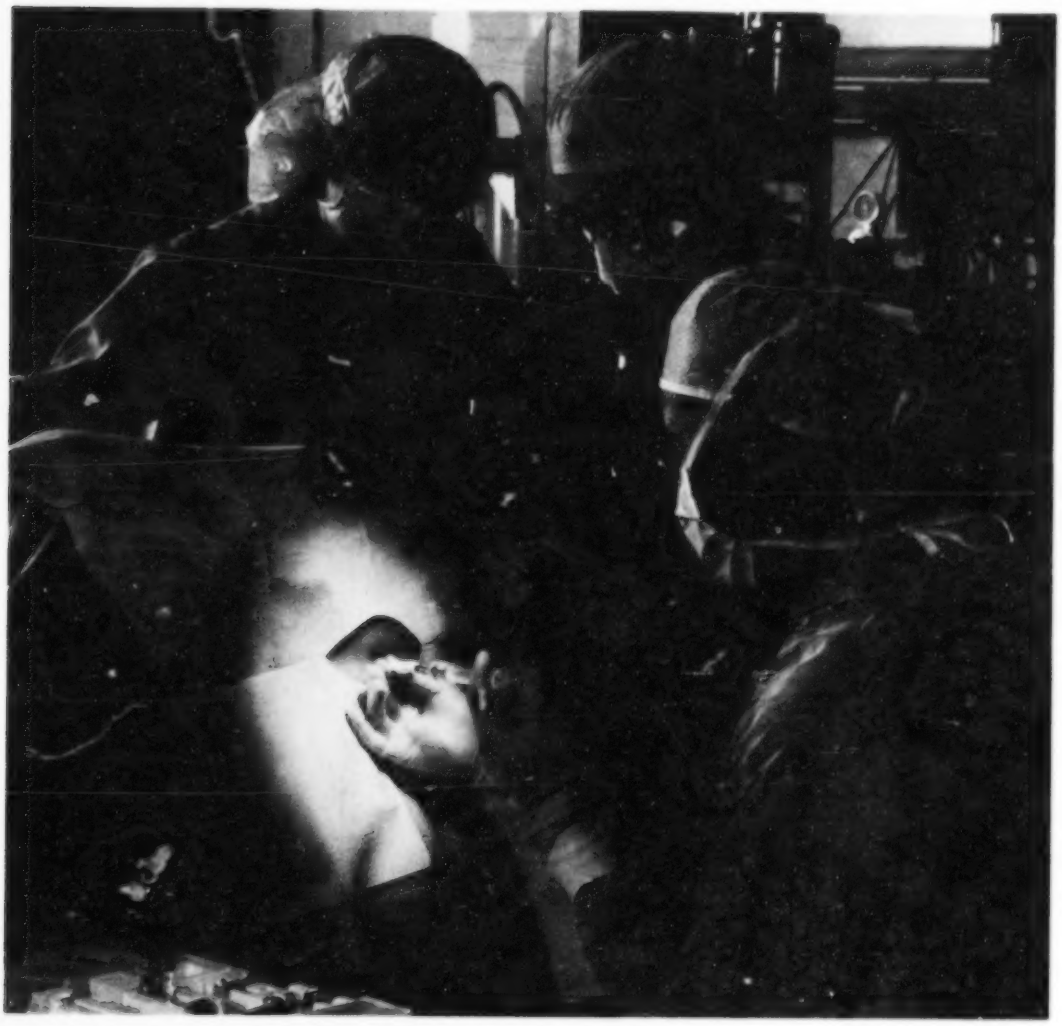
The Army Reserve offers the practicing nurse anesthetist a chance to grow personally, as well as professionally. It's the chance of a lifetime.

To be an officer and a nurse anesthetist in the Army Reserve, you need:

- a current RN license.
- proper specialization certification (CRNA).
- an associate degree or diploma in nursing, or a Bachelor degree in Nursing. All degrees must be from a program that is both accredited by an agency recognized by the U.S. Secretary of Education and acceptable to the Department of the Army.
- excellent professional references.

You must also be at least 21 years of age and meet the Army Reserve's physical and moral standards.

To find out more, contact your local Army Nurse Recruiter or call 1-800-USA-ARMY.



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ARMY NURSE CORPS.
BE ALL YOU CAN BE.

Note: Information in this booklet is subject to change. See your Army Recruiter for the latest information.

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